

Special Assessment and Milestone Mapping

Optional Special Assessment 7

Title: Demonstration of Basic Professionalism and Personal Wellness Behavior

Description: This special assessment is to be utilized when a trainee demonstrates basic professionalism or personal wellness behavior that is observed by faculty.

This special assessment is to be used by a faculty member, mentor, or program director when they observe behavior in the domain of Professionalism that relates to personal wellness of the trainee. The options for assessment for each behavior will be: "No Opportunity to Demonstrate", "Failed to Demonstrate", and "Successfully Demonstrated." The specific behaviors and corresponding milestones are as follows – **note: the same milestone may be awarded in more than one demonstrated behavior:**

1. Foundational activities to develop basic professionalism and personal wellness

- **Demonstrates basic professional behavior**
 - P5-L1-1 – Demonstrates basic professional responsibilities, such as reporting for work rested and prepared, with appropriate professional attire and grooming
- **Demonstrates knowledge of the importance of wellness activities**
 - P5-L1-2 – Demonstrates knowledge of fatigue management
 - P5-L1-3 – Recognizes the need for life-balance
- **Demonstrates personal wellness behavior**
 - P5-L2-1 - Complies with requirements to assist with the preservation of health and mitigate fatigue
 - P5-L2-2 – Demonstrates work-life balance
- **Serves as an institution resource for personal wellness and professionalism issues**
 - P5-L5 -1 – Serves as a resource for the development of institutional policies on professional responsibilities
 - P5-L5 -2 – Serves as a resource for the development of institutional policies on work-life balance